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# RACHEL

281 Grove Street, Jersey City  
(201)309-0019

## Salads

- RACHEL SALAD**  
mixed greens, endive, smoked trout, grilled pear, shaved parmesan,  
honey mustard vinaigrette .....8.00
- MAD GREEK SALAD**  
lettuce, tomatoes, cucumbers, red onion, feta cheese, black olives,  
topped with savory olive oil and lemon .....7.00
- CHICK PEA SALAD**  
lettuce, tomatoes, chick peas, red onion, sun dried tomatoes, cranberries,  
olive oil and lemon .....7.00
- AVOCADO SALAD**  
lettuce, tomatoes, cucumbers, corn, avocado, olive oil and tahini sauce .....8.00
- CHICKEN SALAD**  
mixed greens, chicken cutlet, potatoes, tomatoes, olive oil and tahini sauce .....8.00

## Hummus

- HUMMUS ASLI**  
hummus, tahini, fava beans, hard boiled egg, olive oil .....6.50
- HUMMUS BAVLI**  
hummus, whole chick peas, pine nuts, olive oil .....6.00
- GROVE HUMMUS**  
hummus, black olives, grilled mushroom, olive oil .....6.00

• all served with 2 pita breads  
extra pita bread ..... .50

## Burekas

- Turkish puff pastry with filling, served with hard boiled egg and our special pickles
- CHEESE** .....5.00
- POTATO** .....5.00
- SPINACH** .....5.00

## Sandwiches

- TUNISIAN SANDWICH**  
tomatoes, cucumber, potatoes, tuna, pickled lemon, olives .....7.50
- SMOKED SANDWICH**  
mixed green, smoked trout or salmon, tomatoes, red onion,  
black olives, layer of avocado paste .....9.00
- CHICKEN SANDWICH**  
chicken cutlet, lettuce, tomatoes, red onion, layer of hummus .....8.50
- BRIE SANDWICH**  
brie cheese, lettuce, cucumber, mango jam, layer of cream cheese .....7.50
- AVOCADO SANDWICH**  
mixed green, avocado, sun dried tomato, hard boiled egg .....7.50

## Pastries, Breads & Desserts

Our baked goods are made fresh daily with the finest ingredients.  
All our flours are unbleached and unbromated. Our whole wheat and whole rye flours are organic.  
We use only whole fresh eggs and whole liquid milk.  
We have specials everyday... so stop by and browse.

## Beverages

	regular	large
American Coffee .....	1.50	2.00
Cappucino .....	2.25	2.75
Cafe Latte .....	2.25	2.75
Cafe au Lait .....	2.25	2.75
Espresso .....	single 1.25	
	double 1.75	
Moroccan Mint Tea		
single .....	1.50	
for two .....	3.00	
for four .....	5.00	
Hot Chocolate .....	2.25	